



## HEALTHY DIRECTIONS;

How to guide young people to make informed choices.

*Every day we live, every action we take represents a step on the path of life. What can we pack for the journey? When our culture presents obstacles - including unhealthy relationships, bullying, temptations, substance abuse and violence – how can we stay on a path of integrity?*

**Join Jeff Wenzler as he teaches today's youth about personal integrity.**



We each have an internal compass that should be better used, but we forget to use it, or we haven't been taught how to use all the tools. We must be prepared to choose directions and make corrections on the move. Integrity can provide direction when facing the contemporary issues of our culture. Drawing on his passion for today's youth and his formal training in education, Jeff's conversational talk includes personal stories and admonitions to walk through life with integrity. His honest and enthusiastic approach provides a positive atmosphere for students to listen and engage in open communication.

*"Jeff is approachable and honest. It's refreshing to have a strong man get up and say he made some mistakes, and our kids will too. Jeff speaks openly about taboo topics and addresses how our children are inundated with images and messages that build a culture of seeking perfection and alcohol/drug use that is "normal". In his parents talk Jeff discusses the need to stand up and talk about these messages and impart our values over the slanted messages of the marketing industry. The audience learned that we must not seek perfection from our teens, but open dialogue to help them make critical decisions and support when they make the wrong choices, and provide options to correct that."* Rebecca Huenink Tosa United District Liaison

Jeff will share stories from adventures around the world working with youth and teens of many cultures. Those who succeed in life as solid neighbors, community members, spouses, parents and coworkers have learned to unpack the things that have weighed them down and pack efficient tools for the journey in life.

**In his middle school talk, students and parents will explore and discuss such topics as:**

- Goal Setting - Charting a safe and successful course through adolescence.
- Servant Leadership - What does a leader look like?
- Healthy Relationships - Surrounding yourself with uplifting people
- Media Awareness & Internet Vigilance - Learn to recognize the junk that's out there and how to "Empty Your Trash"
- Substance Abuse Prevention- a compelling story of Jeff's own personal tragedy

### **Jeff's Background:**

- Bachelors in Criminology & Law Studies, Marquette University (Baseball scholarship to Regis University)
- Master of Education, Boston College, Director of Retreats and International Service Programs to the Caribbean
- Marquette University and Boston College Resident Hall Staff & Residence Life at Marquette University and Boston College
- Director of Youth Formation in the Archdiocese of Milwaukee (Mequon, Wauwatosa)
- University Advancement, Marquette University
- STD Educator on behalf of a global pharmaceutical company
- Executive Director of Pivotal Directions, Inc. Leadership and Character Development Service Program - current
- Resides in Mequon, WI with his wife & three wonderful children.

### **UPCOMING PRESENTATIONS:**

**Middle School Event: 7th & 8th Grade Parent Talk & Discussion**  
**Wednesday, May 16 at Steffen Middle School - 7:00 p.m. - 8:30 p.m.**  
**Please R.S.V.P., Jennifer Fingado, Co-Chair PPI**  
**jen@fingado.com or (262)376-5016**

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