

MTSD Breakfast Menu

March 2017

Join us for breakfast-served daily at our Middle & High Schools. We look forward to seeing you!

Breakfast \$1.40
Reduced \$.30
Milk served daily

Free or Reduced Breakfast if student qualifies for Free or Reduced Lunch

1
Pancakes w/ Syrup
Breakfast Pizza

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

2
Egg & Cheese Muffin Sdw
Apple Bosco Stick

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

3
Bagel w/ Cream Cheese
Blueberry Muffin

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

6
Cherry Frudel
Egg & Cheese Muffin

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

7
Waffles w/ Syrup
Breakfast Sausage Pizza

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

8
Fruit & Yogurt Parfait
Breakfast Quesadilla

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

9
Apple Frudel
Chocolate Chip Muffin

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

10

No School!

13
Morning Sausage Roll
Bagel w/ Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

14
Whole Grain Donut
French Toast Sticks
Assorted Cereal

Fresh Fruit, 100% Juice
Milk

15
Mini Pancakes w/ Syrup
Egg & Cheese Sandwich

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

16
French Toast Sticks
Bagel / Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

17
Chocolate Chip Muffin
Egg Sandwich

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

20
Banana Muffin
Fruit & Yogurt Parfait

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

21
Waffles w/ Syrup
Chicken & Cheese
Quesadilla

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

22
Turkey Pancake Wrap
Breakfast Sausage Pizza

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

23
Pancakes w/ Syrup
Cherry Frudel

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

24
Fruit & Yogurt Parfait
Egg & Cheese Muffin

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

27
French Toast Sticks
Breakfast Pizza

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

28
Cinnamon Roll
Breakfast Quesadilla

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

29
Pancakes w/ Syrup
Breakfast Pizza

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

30
Egg & Cheese Muffin Sdw
Apple Bosco Stick

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

31
Bagel w/ Cream Cheese
Blueberry Muffin

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

Food Items may be manufactured in a facility that contains peanuts and tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.

This institution is an equal opportunity provider

For more information or if you have questions, please Contact Pamela Janotta, Food Service Director at Janotta-Pamela@aramark.com or Call 262-238-5648