



# High School Lunch Menu

March 2017

**Students who qualify for Free or Reduced Lunch also qualify for Breakfast. Come join us!**

Food Items may be manufactured in a facility that contains peanuts & tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.

**1**  
Pizza Dippers w/ Marinara  
Fruit & Cheese Plate  
Ham & Cheese Sub\*  
  
Carrots, Zucchini, Blueberries, Pears, Banana, Fruit Cocktail

**2**  
Spaghetti w/ Meatsauce  
Popcorn Chicken Salad  
Three Cheese Wrap  
  
Celery, 3 Bean Salad, Garden Salad, Melon, Applesauce

**3**  
General Tso's Chicken w/ Whole Grain Eggroll  
Taco Salad  
Roasted Vegetable Sub  
  
Tomato Soup, Carrots, Blueberries, Fruit Cocktail, Raisins

**6 National Bfast Week**

Pancakes w/ Scrambled Eggs  
Chicken Caesar Salad  
Chicken Salad Sub

Tater Tots, Broccoli, Fruit Cocktail, Apple, Raisins

**7 National Bfast Week**

Bagel Breakfast Sdw  
Cobb Salad  
Turkey & Cheese Sub

Hashbrown Patty, Red Peppers, Oranges, Peaches, 100% Fruit Juice

**8 National Bfast Week!**

Waffle Sticks w/ Chicken Sausage  
Fruit & Cheese Plate  
Ham & Cheese Sub\*

Tater Tots, Carrots, Coleslaw, Strawberries, Applesauce

**9 National Bfast Week!**

Whole Grain Donut w/ Scrambled Eggs  
Popcorn Chicken Salad  
Three Cheese Wrap

Potato Wedges, Refried Beans, Garden Salad, Melon

**No School!**

**13 FUEL!**

Hot Tot Wrap  
Chicken Caesar Salad  
Chicken Salad Sub

Tater Tots, Broccoli, Fruit Cocktail, Apple, Raisins

**14 FUEL!**

Chicken Shawarma  
Cobb Salad  
Turkey & Cheese Sub

Green Beans, Red Peppers, 3 Bean Salad, Oranges, Peaches

**15 FUEL!**

Hot Tot Wrap  
Fruit & Cheese Plate  
Ham & Cheese Sub\*

Zucchini, Garden Salad, Tater Tots, Banana, Pears

**16 FUEL!**

Chicken Shawarma  
Popcorn Chicken Salad  
Three Cheese Wrap

Celery Sticks, Potato Salad, Pears, 100% Fruit Juice

**17 FUEL! Happy St. Patrick's Day!**

Hot Tot Wrap  
Taco Salad  
Roasted Vegetable Sub

Tater Tots, Carrots, Mixed Fruit, Strawberries

**20 First Day of Spring!**

Pancakes w/ Scrambled Eggs  
Chicken Caesar Salad  
Chicken Salad Sub

Tater Tots, Broccoli, Garden Salad, Apple, 100% Fruit Juice

**21**

Grilled Cheese  
Cobb Salad  
Turkey & Cheese Sub

Tomato Soup, Red Peppers, 3 Bean Salad, Oranges, Peaches

**22**

Popcorn Chicken Bowl  
Fruit & Cheese Plate  
Ham & Cheese Sub\*

Zucchini, Garden Salad, Tater Tots, Banana, Pears

**23**

Sweet n' Sour Chicken w/ Whole Grain Eggroll  
Popcorn Chicken Salad  
Three Cheese Wrap

Celery Sticks, Potato Salad, Pears, 100% Fruit Juice

**24**

Popcorn Chicken Flatbread  
Taco Salad  
Roasted Vegetable Sub

Tater Tots, Carrots, Mixed Fruit, Strawberries

**27**

Bosco Sticks  
Chicken Caesar Salad  
Chicken Salad Sub

Tater Tots, Broccoli, Fruit Cocktail, Apple, Raisins

**28**

Turkey Hot Dog  
Cobb Salad  
Turkey & Cheese Sub

Green Beans, Red Peppers, 3 Bean Salad, Oranges, Peaches

**29**

Loaded Baked Potato w/ Roll  
Fruit & Cheese Plate  
Ham & Cheese Sub\*

Baked Beans, Broccoli, Blueberries, Pears, Banana

**30**

Chicken Tenders w/ Soft Pretzel  
Popcorn Chicken Salad  
Three Cheese Wrap

Baked Fries, Celery, Garden Salad, Melon, Applesauce

**31**

Pizza Sticks w/ Marinara  
Taco Salad  
Roasted Vegetable Sub

Green Beans, Garden Salad, Carrots, Blueberries, Fruit Cocktail

**March 6<sup>th</sup>-March 10<sup>th</sup>: National Breakfast Week**  
**March 10<sup>th</sup>: No School!**  
**March 17<sup>th</sup>: Happy St. Patrick's Day!**  
**March 20<sup>th</sup>: Happy Spring!**

**\*\*Reuben Sandwich special on St. Patrick's Day!**  
**\*\*Fish Sandwich and Fries Available on Fridays throughout March**  
**\*\*Peanut Butter & Jelly Sandwiches offered Daily!**

**Lunch Accounts:** Payments can be made online or by sending cash or check with your student. Lunch: \$2.45, Reduced \$.40, Adult: \$3.20.

**Milk:** 1% White, Skim White and Skim Chocolate are offered daily.

**Whole Grains:** All bread served is whole grain rich! All salads are served with a whole grain roll.

\*Contains Pork