



Middle School Lunch Menu

March 2017

Students who qualify for Free or Reduced Lunch also qualify for Breakfast. Come join us!

Food Items may be manufactured in a facility that contains peanuts & tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.

1
Pizza Dippers w/ Marinara
Fruit & Cheese Plate
Ham & Cheese Sub*

Carrots, Zucchini, Blueberries, Pears, Banana, Fruit Cocktail

2
Spaghetti w/ Meatsauce
Popcorn Chicken Salad
Three Cheese Wrap

Celery, 3 Bean Salad, Garden Salad, Melon, Applesauce

3
General Tso's Chicken w/ Whole Grain Eggroll
Taco Salad
Roasted Vegetable Sub

Tomato Soup, Carrots, Blueberries, Fruit Cocktail, Raisins

6 National Bfast Week!
Pancakes w/ Scrambled Eggs
Chicken Caesar Salad
Chicken Salad Sub

Tater Tots, Broccoli, Fruit Cocktail, Apple, Raisins

7 National Bfast Week!
Bagel Breakfast Sdw
Cobb Salad
Turkey & Cheese Sub

Hashbrown Patty, Red Peppers, Oranges, Peaches, 100% Fruit Juice

8 National Bfast Week!
Waffle Sticks w/ Chicken Sausage
Fruit & Cheese Plate
Ham & Cheese Sub*

Tater Tots, Carrots, Coleslaw, Strawberries, Applesauce

9
No School!

10 National Bfast Week!
Whole Grain Donut w/ Scrambled Eggs
Taco Salad
Roasted Vegetable Sub

Potato Wedges, Carrots, Blueberries, Fruit Cocktail, Raisins

13 FUEL!
Hot Tot Wrap
Chicken Caesar Salad
Chicken Salad Sub

Tater Tots, Broccoli, Fruit Cocktail, Apple, Raisins

14 FUEL!
Chicken Shawarma
Cobb Salad
Turkey & Cheese Sub

Green Beans, Red Peppers, 3 Bean Salad, Oranges, Peaches

15 FUEL!
Hot Tot Wrap
Fruit & Cheese Plate
Ham & Cheese Sub*

Zucchini, Garden Salad, Tater Tots, Banana, Pears

16 FUEL!
Chicken Shawarma
Popcorn Chicken Salad
Three Cheese Wrap

Celery Sticks, Potato Salad, Pears, 100% Fruit Juice

17 FUEL!
Happy St. Patrick's Day!
Hot Tot Wrap
Taco Salad
Roasted Vegetable Sub

Tater Tots, Carrots, Mixed Fruit, Strawberries

20 First Day of Spring!
Pancakes w/ Scrambled Eggs
Chicken Caesar Salad
Chicken Salad Sub

Tater Tots, Broccoli, Garden Salad, Apple, 100% Fruit Juice

21
Grilled Cheese
Cobb Salad
Turkey & Cheese Sub

Tomato Soup, Red Peppers, 3 Bean Salad, Oranges, Peaches

22
Popcorn Chicken Bowl
Fruit & Cheese Plate
Ham & Cheese Sub*

Zucchini, Garden Salad, Tater Tots, Banana, Pears

23
Sweet 'n Sour Chicken w/ Whole Grain Eggroll
Popcorn Chicken Salad
Three Cheese Wrap

Celery Sticks, Potato Salad, Pears, 100% Fruit Juice

24
Popcorn Chicken Flatbread
Taco Salad
Roasted Vegetable Sub

Tater Tots, Carrots, Mixed Fruit, Strawberries

27
Bosco Sticks
Chicken Caesar Salad
Chicken Salad Sub

Tater Tots, Broccoli, Fruit Cocktail, Apple, Raisins

28
Turkey Hot Dog
Cobb Salad
Turkey & Cheese Sub

Green Beans, Red Peppers, 3 Bean Salad, Oranges, Peaches

29
Loaded Baked Potato w/ Roll
Fruit & Cheese Plate
Ham & Cheese Sub*

Baked Beans, Broccoli, Blueberries, Pears, Banana

30
Chicken Tenders w/ Soft Pretzel
Popcorn Chicken Salad
Three Cheese Wrap

Baked Fries, Celery, Garden Salad, Melon, Applesauce

31
Pizza Sticks w/ Marinara
Taco Salad
Roasted Vegetable Sub

Green Beans, Garden Salad, Carrots, Blueberries, Fruit Cocktail

March 6th-March 10th: National Breakfast Week
March 9th: No School!
March 17th: Happy St. Patrick's Day!
March 20th: Happy Spring!

****Reuben Sandwich special on St. Patrick's Day!**
****Fish Sandwich and Fries Available on Fridays throughout March!**
****Peanut Butter & Jelly Sandwiches offered Daily!**

Lunch Accounts: Payments can be made online or by sending cash or check with your student. Lunch: \$2.45, Reduced \$.40, Adult: \$3.20.

Milk: 1% White, Skim White and Skim Chocolate are offered daily.

Whole Grains: All bread served is whole grain rich! All salads are served with a whole grain roll.

*Contains Pork