

Breakfast in Middle and High School

MTSD TO GO CARTS

The Most Important Meal of the Day for Healthier Minds and Bodies
All students are able to participate in our Breakfast Program.

Breakfast meals are \$1.40

.30 for reduced status students

Free if your status is Free for lunch.

Breakfast is available at Homestead High School, Lakeshore Middle School
and Steffen Middle School.

We Strongly encourage students to take advantage of the daily **breakfast meals**. In an effort to make sure every student has the proper nutrition to fuel their body and mind. Federal Government established the Free and Reduced Priced School Meal Program. Students enrolled in free and reduced program can also receive a breakfast meal at reduced price of .30 or Free.

Menu Items include

- Whole-grain and fiber-rich breakfast bars and cereals
- Whole-grain benefit bars, pancakes, waffles and French toast
 - Freshly prepared whole-grain muffins
 - Pillsbury whole-grain, fruit-filled pastry
 - Hot Entrees

Students must select with their entrée a fruit or vegetable

