



# High School Lunch Menu

November 2017

**Students who qualify for Free or Reduced Lunch also qualify for Breakfast. Come join us!**

Food Items may be manufactured in a facility that contains peanuts & tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.

1

Bosco Sticks w/ Sauce  
\*Ham & Cheese Sub  
Taco Salad w/ Beef  
  
Baked Fries, Red Pepper Strips, Green Beans, Apples, 100% Fruit Juice

2

**Cookie Monster's Birthday!**

Tater Bite Chicken Nachos  
Roasted Vegetable Sub  
Ranch Chicken Salad  
  
Refried Beans, Carrots, Salad, Strawberries, Apples, **\*\*Cookie\*\***

3

**National Sandwich Day!**

Gourmet Grilled Cheese Sandwich on Flatbread  
Turkey & Cheese Wrap  
Chef Salad  
  
Broccoli, Carrots, Salad, Fruit Cocktail, Blueberries

6

**Fuel!**

Chicken Salad BLT  
Cheese Wrap w/ Veggies & Hummus  
Popcorn Chicken Salad  
  
Mashed Potatoes, Corn, Broccoli, Fruit Cocktail, 100% Fruit Juice

7

**Fuel!**

Southwest Chicken Pinwheel Sandwich  
Turkey & Cheese Sdw  
\*Cobb Salad  
  
Hashbrown Patty, Cucumber, Fruit Cocktail, 100% Fruit Juice

8

**Fuel!**

Chicken Salad BLT  
\*Ham & Cheese Sub  
Taco Salad w/ Beef  
  
Peas, Carrots, Green Beans, Salad, Apples, 100% Fruit Juice

9

**Fuel!**

Southwest Chicken Pinwheel Sandwich  
Roasted Vegetable Sub  
Ranch Chicken Salad  
  
Baked Beans, Carrots, Salad, Jicama, Strawberries, Applesauce

10

**Fuel!**

Chicken Salad BLT  
Turkey & Cheese Wrap  
Chef Salad  
  
Broccoli, Red Pepper Strips, Garden Salad, Fruit Cocktail, Applesauce

13

**\*NEW** BBQ Chicken & Cheddar Flatbread  
Cheese Wrap w/ Veggies & Hummus  
Popcorn Chicken Salad  
  
Mashed Potatoes, Salad, Brussel Sprouts, Fruit Cocktail

14

Popcorn Chicken Bowl w/ Pretzel Rod  
Turkey & Cheese Sdw  
\*Cobb Salad  
  
Red Pepper Strips, Corn, Jicama, Garden Salad, Pears, Peaches

15

**\*NEW** Chicken Parmesan Sandwich  
\*Ham & Cheese Sub  
Taco Salad w/ Beef  
  
Baked Fries, Green Beans, Salad, Apples, Fruit Cocktail, 100% Fruit Juice

16

Mini Corn Dogs w/ Roll  
Roasted Vegetable Sub  
Ranch Chicken Salad  
  
Hashbrown Patty, Baked Beans, Carrots, Jicama, Salad, Applesauce

17

Pancakes w/ Cheddar Omelet  
Turkey & Cheese Wrap  
Chef Salad  
  
Broccoli, Green Beans, Salad, Fruit Cocktail, Melon, Strawberry Cup

20

Cheeseburger  
Cheese Wrap w/ Veggies & Hummus  
Popcorn Chicken Salad  
  
Baked Fries, Baked Beans, Strawberry Cup, Fruit Cocktail, 100% Fruit Juice

21

Oven-Roasted Turkey w/ Gravy  
Turkey & Cheese Sdw  
\*Cobb Salad  
  
Mashed Potatoes Red Pepper Strips, Salad, Grapes, Peaches

22

**No School!**

23

**No School!**

**Questions?  
Call Pam at  
262-238-5648**

24

**No School!**

27

**\*NEW** Meatball Pizza Sub  
Cheese Wrap w/ Veggies & Hummus  
Popcorn Chicken Salad  
  
Baked Fries, Brussel Sprouts, Broccoli, Garden Salad, Fruit Cocktail

28

**French Toast Day!**

French Toast Sticks w/ Chicken Sausage  
Turkey & Cheese Sdw  
\*Cobb Salad  
  
Celery, Red Pepper Strips, Grapes, Peaches, 100% Fruit Juice

29

Cheese Ravioli w/ Sauce  
\*Ham & Cheese Sub  
Taco Salad w/ Beef  
  
Brussel Sprouts, Celery Sticks, Fruit Cocktail, Apples, 100% Fruit Juice

30

**\*NEW** Whole-Grain Donut Holes w/ Cheddar Omelet  
Roasted Vegetable Sub  
Ranch Chicken Salad  
  
Hashbrown Patty, Carrots, Salad, Strawberries, Applesauce

**Peanut Butter & Jelly Sandwiches Offered Daily!**

**All Salads are served with whole-grain bread!**

Check out our **FUEL** Specials-featured from 11/6-11/10.  
Chicken Salad BLT: Diced Chicken mixed with Mayo, Bacon, Tomato & Lettuce on a Sub Roll  
Southwest Chicken Pinwheel Sandwich: Diced Chicken, Black Beans, Cheddar Cheese, & Salsa wrapped in a Tortilla.  
**\*\*Menu is Subject to change without notice**

**Lunch Accounts:** Payments can be made online or by sending cash or check with your student. Lunch: \$2.55, Reduced \$.40, Adult: \$4.50 (does not include milk). Milk: \$0.30  
**Milk:** 1% White, Skim White and Skim Chocolate are offered daily.  
**Whole Grains:** All bread served is whole grain rich! All salads are served with a whole grain roll.