

MTSD Breakfast Menu

October 2017

2

Breakfast Flatbread
Cinnamon Roll

Assorted Cereal

Fresh Fruit, 100%
Juice, Milk

3

Waffles w/ Syrup
Whole Grain Donut

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

4

Fresh Smoothie
Fruit & Yogurt Parfait

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

5

Cherry Frudel
Breakfast Sandwich

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

6

Breakfast Sandwich
Cherry Frudel

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

9

Waffles w/ Syrup
Bagel & Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

10

Fresh Smoothie
Bagel & Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

11

Fruit & Yogurt Parfait
Egg & Cheese Muffin

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

12

Pancakes w/ Syrup
Breakfast Sandwich

Assorted Cereal

Fresh Fruit, 100% Juice
Milk

13

Breakfast Flatbread
Bagel & Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

16

French Toast Sticks
Apple Frudel

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

17

Fresh Smoothie
Chocolate Chip Muffin

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

18

Breakfast Sandwich
French Toast Sticks

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

19

Fruit & Yogurt Parfait
Apple Cinnamon Muffin

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

20

Fresh Smoothie
Bagel & Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

23

Pancakes w/ Syrup
Bagel & Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

24

Breakfast Benefit Bar
Breakfast Sandwich

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

25

Breakfast Flatbread
Cinnamon Roll

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

26

Bagel Sandwich
French Toast Sticks

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

27

Waffles w/ Syrup
Bagel & Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

30

French Toast Sticks
Bagel & Cream Cheese

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

31

Breakfast Flatbread
Apple Frudel

Assorted Cereal

Fresh Fruit, 100% Juice,
Milk

**Looking for a part
time or substitute
position? ARAMARK
is hiring! No nights,
no weekends, no
holidays. Call Pam at
262-238-5648 for more
information**

Breakfast \$1.40
Reduced \$.30
Milk served daily

Free or Reduced
Breakfast if student
qualifies for Free or
Reduced Lunch

Food Items may be manufactured in a facility that contains peanuts and tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.

**For more information or if you have
questions, please Contact Pamela Janotta,
Food Service Director at
Janotta-Pamela@aramark.com or Call 262-
238-5648**