



High School Lunch Menu

September 2017

Students who qualify for Free or Reduced Lunch also qualify for Breakfast. Come join us!

Food Items may be manufactured in a facility that contains peanuts & tree nuts. Aramark does not intentionally add any peanuts or tree nuts to food that is on the menu unless otherwise noted.

Peanut Butter & Jelly Sandwiches Offered Daily!

All Salads are served with whole-grain bread!

1
General Tso's Popcorn Chicken w/ Broccoli & Rice
Turkey & Cheese Wrap
Chef Salad

Steamed Broccoli, Baby Carrots, Garden Salad, Fruit Cocktail, Blueberries

4
Labor Day
No School!

5
Popcorn Chicken Bowl w/ Pretzel Rod
Turkey & Cheese Sdw
*Cobb Salad

Celery Sticks, Cucumber Slices, Banana, Fruit Cocktail, 100% Fruit Juice

6
Mac 'n Cheese
*Ham & Cheese Sub
Taco Salad

Grape Tomatoes, Green beans, Garden Salad, Apples, 100% Fruit Juice

7
Tater Bite Chicken Nachos
Three Cheese Wrap
Ranch Chicken Salad

Baked Beans, Baby Carrots, Garden Salad, Oranges, Applesauce

8
Pizza Dippers w/ Sauce
Turkey & Cheese Wrap
Chef Salad

Steamed Broccoli, Red Pepper Strips, Garden Salad, Fruit Cocktail, Applesauce

11
Fish Sticks w/ Mac 'n Cheese
Chicken Salad Sub
Popcorn Chicken Salad

Corn, Broccoli, Grapes, Fruit Cocktail, 100% Fruit Juice

12
Popcorn Chicken Bowl Turkey & Cheese Sdw
*Cobb Salad

Steamed Vegetables, Red Pepper Strips, Garden Salad, Banana, Peaches

13
Orange Popcorn Chicken w/ Broccoli & Veg Eggroll
*Ham & Cheese Sub
Taco Salad

Tater Tots, Green Beans, Garden Salad, Apples, Pears, 100% Fruit Juice

14
Mac 'n Cheese
Three Cheese Wrap
Ranch Chicken Salad

Baked Beans, Celery Sticks, Oranges, Applesauce, 100% Fruit Juice

15
Grilled Cheese
Turkey & Cheese Wrap
Chef Salad

Broccoli, Green Beans, Garden Salad, Fruit Cocktail, Melon

18 **National Cheeseburger Day!**
Cheeseburger
Chicken Salad Sub
Popcorn Chicken Salad

Roasted Brussel Sprouts, Tomatoes, Grapes, Fruit Cocktail, 100% Fruit Juice

19
Popcorn Chicken Bowl w/ Pretzel Rod
Turkey & Cheese Sdw
*Cobb Salad

Red Pepper Strips, Jicama, Garden Salad, Bananas, Peaches

20
Cheese Ravioli w/ Sauce
*Ham & Cheese Sub
Taco Salad

Green Beans, Celery Sticks, Apples, Pears, 100% Fruit Juice

21
No School!

22
Beef & Rice Bowl
Turkey & Cheese Wrap
Chef Salad

Cucumber Slices, Broccoli, Peaches, Melon, 100% Fruit Juice

25 **National Pancake Day!**
Pancakes w/ Cheddar Omelet
Chicken Salad Sub
Popcorn Chicken Salad

Tater Tots, Broccoli, Garden Salad, Grapes, Fruit Cocktail

26
Fish Sticks w/ Mac 'n Cheese
Turkey & Cheese Sdw
*Cobb Salad

Celery, Red Pepper Strips, Banana, Peaches, 100% Fruit Juice

27
Chicken Drumstick w/ Corn Muffin
*Ham & Cheese Sub
Taco Salad

Tomatoes, Zucchini, Apples, Pears, 100% Fruit Juice

28
Bosco Sticks w/ Sauce
Three Cheese Wrap
Ranch Chicken Salad

Baked Beans, Celery Sticks, Garden Salad, Oranges, Applesauce

29
Sweet 'n Sour Popcorn Chicken w/ Broccoli & Veg Egg Roll
Turkey & Cheese Wrap
Chef Salad

Broccoli, Steamed Vegetables, Peaches, Melon, 100% Fruit Juice

Welcome Back, Students! We hope you had a wonderful Summer. We are looking forward to a great school year! Our fuel specials will appear on the menu again in October!

Looking for a part time or substitute position? ARAMARK is hiring! No nights, no weekends, no holidays. Call Pam at 262-238-5648 for more information

Lunch Accounts: Payments can be made online or by sending cash or check with your student. Lunch: \$2.55, Reduced \$.40, Adult: \$4.50 (does not include milk). Milk: \$0.30
Milk: 1% White, Skim White and Skim Chocolate are offered daily.
Whole Grains: All bread served is whole grain rich! All salads are served with a whole grain roll.

*Contains Pork
*Menu is Subject to change without notice